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LIFE READINESS - SELF REFLECTION

Benchmark Indicator	Description	DEVELOP	PROGRESS	READY	Comments
Responsible Decision Making <i>Problem solve effectively, maintain accountable behaviors in school, personal and community contexts</i>					
Relationship Skills <i>Build and maintain relationships with diverse groups and individuals. Communicate clearly and express need and resolve conflict.</i>					
Self-Awareness Skills <i>Identify emotions, maintain a positive self-concept, recognize individual strengths, and experience a sense of self-efficacy.</i>					
Self-Management Skills <i>Regulate emotions, manage stress, and monitor/achieve behaviors related to school and life success.</i>					